Introduction to Athletic Training Notes

History of Athletic Training and Modern Day Athletic Training

**Slide 7 – Athletic Training & the ATC**

* The rendering of specialized care (prevention, recognition, evaluation and care of injuries) to individuals involved in exercise and athletics
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Highly educated and skilled professional who specialized in the prevention, treatment and rehabilitation of injuries.

**Slide 8 – Title IX**

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Prohibits discrimination in school athletic participation on the basis of sex
* Tremendous increase in female athletic population
  + Creates an even greater need for quality Certified Athletic Trainers

**Slides 9 - 11 – History and Development of Athletic Training**

* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Renaissance, human body actively studied
* Leonarda da vinci, great contributor during Renaissance
* 19th century firm establishment of intercollegiate and interscholastic Sports
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + 1917, Dr. S.E. Bilik
  + First major text on athletic training and the care of athletic injuries
* Cramer Family (1920s)
  + Gardner, Kansas
  + Started a chemical Company and began producing a liniment to treat ankle sprains
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + Family instrumental in early development of the Athletic Training Profession
  + Continue to play a prominent role in education of athletic trainer student assistants
* 1950: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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* 1991: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**Slide 12 – Modern Day Athletic Trainers**

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* Providing initial first and injury management
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Implementing exercise and rehabilitation programs for athletes
* Using various modalities and training equipment
* Recording, organizing, and storing information on injuries and rehabilitation