Harding University High School

Department of Physical Education and Sport

Sports Medicine 1&2

2016-2017

Instructor: Travis Robinson Office: Gym/Boys Locker Room

Phone: (980) 343-6007 Office Hours: 2:30-3:30 pm

E-Mail: [travis1.robinson@k12.nc.us](mailto:travis1.robinson@k12.nc.us) Classroom: D7

Website:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Class Time:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Course Description:**

The Introduction to Sports Medicine and Athletic Training course is a course designed for students who are interested in fields such as athletic training, physical therapy, medicine, nurse, fitness, physiology of exercise, kinesiology, nutrition, EMT, and other sports medicine related fields. It is offered as a classroom and lab course to provide students with an avenue through which to explore these fields of study. This course focuses on the basic information and skills important in the recognition of, care, prevention, and preliminary rehabilitation of athletic injuries. The course includes class work and hands on application.

**Required Materials:**

* 2 – 3 inch thickness three ring binder as a notebook with the following tab divider sections: syllabus/competencies, Notes/Handouts, Quizzes/Tests, Vocabulary and Worksheets/Coloring.
* Standard ruled 8½ x 11 inch paper is to be used for taking notes
* 3 ink pens (black ink) and 3 sharpened - #2 pencils with good erasers together with a
* Colored lead pencil set of at least 5 colors.

**Course Objectives and Outcomes:**

* To gain an overview of the basics of Athletic Training and the Sports Medicine field.
* To demonstrate and discuss the role of a Certified Athletic Trainer.
* To certify all students in adult, child and infant CPR.
* To instruct students in basic first aid and emergency care under the direction of an ATC.
* To demonstrate appropriate taping, wrapping, and bracing techniques for athletic injuries.
* Volunteer in the training room and on the field to use the skills learned in the classroom.

**Course Expectations:**

* Attending all classes possible and arriving prepared.
* Arriving on time and not leaving early. If you must enter a class late you **must** have a pass, do so quietly and do not disrupt the class
* Follow the classes Social Contract
* Turning off electronic devices or handing them over to the instructor.
* Eating of any kind candy or food is not allowed
* Stay focus on class material during class time.
* Pack book bags or backpacks to leave after the instructor has dismissed class.

**Course Disciplinary Actions:**

* Warning x 3
* Seat Assignment
* One on One After Class Discussion x 2 (Writing Assignment)
* Call Home/ Home Visit x 3
* Write Up

**Course Evaluation:**

**Formal Assessment**

* Exams, Projects, and Presentations **= 70%**

**Informal Assessment**

* Quizzes, Notebook Checks, Participation, Written Work, and Worksheets **= 30%**

**Attendance Policy:**

Students are required to attend and FULLY participate in every class session; failure to do so can result in a lower grade. Students will not be penalized for their first 10 absences. Each unexcused absence after ten will result in a failure of the class. **Late Assignments must be handed in on time, or a valid excuse must be presented to the instructor before or at the time the assignment is due to receive extra time**.

**Electronic Devices Policy:**

Harding University allows electronic devices on campus during passing of class and lunch. **After an initial warning, students who do not comply with the school’s policy will be asked to put their phone in a brown paper bag on top of their desk until the end of class. Refusing this rule will lead to student being asked to leave class followed with a referral**.

**Promise to you:**

***I promise to keep you safe, care about you, protect you from embarrassment and help you succeed*.**

**I have read and agreed Mr. Robinson’s syllabus.**

**Students Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_**

**THIS SYLLABUS SHOULD REMAIN IN THE FRONT OF YOUR BINDER FOR YOUR REFERENCE THROUGHOUT THIS COURSE!**